



## METHODS FOR TREATING FINGERNAILS AND TOENAILS

### ABSTRACT OF THE DISCLOSURE

Fingernail and toenail growth and repair are stimulated using an ionic metal-peptide complex. This also improves nail smoothness, strength and esthetic beauty. The peptide-ionic metal complex is comprised of an ionic metal selected from copper (II) or tin (II) and salts thereof, and the peptide component can be a acid, base, enzymatic, bacteria, or yeast hydrolyzate casein, collagen, elastin, meat products, silk protein, soybean protein, or other proteins or a chemically synthesized peptide that binds ionic metals, such as copper (II).

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